

The Trellis Café

Open Year Round

Real Food
since 1985



Homemade Whole Wheat Bread
Fresh Local Fish ~ Full Bar Service
Organic Fair Trade Coffee ...Real Food!

Lighter Fare

Indian Harbour Mussels (steamed)8.95 for two	16.50
Bacon Wrapped Scallops (6 pieces).....	10.00
Baked Brie with Berries.....	9.50
Trellis Hummus Carrot Sticks & Pita Chips.....	8.50
Nachos with Peppers, Onion & Cheese.....	10.95

Soup Made Fresh Daily.....	sm 6.50	lg 7.50
African Peanut Soup.....	sm 7.50	lg 8.00
Haddock Chowder.....	sm 7.50	lg 9.00
Seafood Chowder.....	sm 11.00	lg 15.00
Salad Spinach, Greek, Caesar, Orange Almond or Arugula.....	8.50	
Add Chicken.....	6.95	

Dinner Entrées

The Trellis Seafood Sampler	23.95
<i>Fish Cake, Curried Seafood Crepe, Sauteed Haddock and Choice of Salad</i>	
Fresh Haddock Fillet	19.95
<i>Sautéed with Home Fries and Choice of Salad</i>	
Our Famous Fish Cakes (3) and Choice of Salad	15.95
Homemade Crab Cakes (3) and Choice of Salad	16.95
Curried Seafood Crepes	17.95
<i>Scallops, Shrimp & Crab with Cous Cous and Choice of Salad</i>	
Dragon's Breath Blue Cheese Tortellini	19.95
<i>with Choice of Salad</i>	
Chicken Quesadilla and Choice of Salad	15.95
Striploin (10 oz. New York Cut)	25.00
<i>with Home Fries and Choice of Salad</i>	

Nova Scotia Lamb Burger	16.95
<i>with Our Apricot Chutney, Home Fries and Choice of Salad</i>	
Trellis Burger (100% pure beef) on Our Homemade Bun and Home Fries and Choice of Salad	14.95
<i>with Dragon's Breath Blue Cheese..... 16.95</i>	
<i>with Avocado, Bacon and Old Cheddar..... 17.95</i>	
Quiche Made Fresh Daily,	13.95
<i>Home Fries and Choice of Salad</i>	
'Mile High' Clubhouse Platter	16.95
<i>with Home Fries and Choice of Salad</i>	
Grilled Vegetable Salad	13.95
<i>topped with Goat Cheese</i>	
Sweet Potato Coconut Curry	15.95
<i>on Basmati Rice and Choice of Salad</i>	

JOIN US!

Thursday Night - Acoustic Music Jam & Happy Hour
Friday & Saturday Night - Dinner & Entertainment
Sunday Night - Full Roast Dinner - \$15.95

Homemade Desserts

Made on Premises

Your choice.....5.95

- Chocolate Espresso Peanut Brittle Pie
- Chocolate Cake • Carrot Cake
- Bumbleberry Crisp • Coconut Cream Pie
- Gingerbread with Lemon Sauce & Whipped Cream



Tax not included

Private Functions
& Outside Catering
Available! 857-1188

The Trellis Café *from the Bar*

Cocktails & Special Coffees.....7.

- Bloody Caesar or Mary
- Strawberry Daiquiri
- Margarita
- St. Margaret's Bay Martini
- Hubbard's Cove Hazard
- Martini or Manhattan
- Singapore Sling
- Dark & Stormy
- Black or White Russian
- Cosmopolitan
- Irish, Spanish
or Calypso Coffee
- Blueberry Tea

Spirits
Vodka, Gin, Rum, Rye,
Scotch5.⁵⁰

Liqueurs
Ask your server for
selection.....6.⁵⁰

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House Wines

Red Grand Pré Marechal Foch Glass.....5.⁹⁵
Yellow Tail Shiraz 1/2 litre17.⁰⁰
Fabiano Valpolicello Litre34.⁰⁰

White Grand Pré L'Acadie Blanc
Yellow Tail Chardonnay
French Cross Pinot Grigiot



See our Board
for more
Selections
by the Glass

Wines by the Bottle

Red
Robertson Shiraz – South Africa28.
Barefoot Cabernet Sauvignon - USA24.
Wolf Blass Red Label, Shiraz Cabernet - Australia32.
Rothchild Pinot Noir - France26.
Masi Campofiorin - Italy39.

White
Barefoot Pinot Grigiot - USA24.
Hardy's Nottage Hill Chardonnay - Australia26.
Folonari Pinot Grigiot - Italy29.
Moselland Reisling - Germany32.
Kumala Sauvignon Blanc - South Africa28.

Organic Wines
Pares Balta - Spain24.
Bolter Boira Pinot Grigiot - Italy32.

On Tap - Natural Brews

Propeller.....16 oz. 5.⁵⁰
Extra Special Bitter, India Pale Ale or Honey Wheat

Garrison.....16 oz. 5.⁵⁰
Tall Ship Amber or Irish Red

Local Beers

Keith's, Rickard's Red, Propeller Pale Ale,
Keith's Light, Bud Light or Coor's Light5.⁵⁰

Imported Beers

Heineken, Corona, Stella Artois5.⁹⁵