

The Trellis Café

Open Year Round

Real Food
since 1985



- Our Homemade Whole Wheat Bread
- Farm Fresh Eggs
- House Cut Home Fries with Organic Seasoning
- Canadian Maple Syrup
- Organic Fair Trade Coffee and Espresso

The Trellis Country Breakfast

Two Eggs (any style), with Ham or Bacon or Sausage,
Our Homemade Baked Beans, Toast & Home Fries... \$8.95

Two Eggs (any style), Toast & Home Fries	6.75
Our Famous Fish Cakes (2) with Homemade Baked Beans & Toast	9.95
Three Egg Frittata & Toast	
<i>with mushrooms and cheese</i>	9.75
<i>with spinach and cheese</i>	9.75
<i>with ham, cheese, peppers and onion</i>	9.95
<i>with smoked salmon or baby shrimp</i>	12.50
Pancakes (3) with Ham or Bacon or Sausage	9.75
French Toast with Ham or Bacon or Sausage	9.75
Eastern Sandwich & Home Fries	8.75
Monte Cristo Sandwich & Home Fries	10.95
Oatmeal Porridge and Toast	6.95
Organic Yogurt, Maple Syrup & Berries with an Oatcake	8.95

Side Orders

Homemade Toast and Jam	3.00
Bagel with Cream Cheese	4.00
Ham, Bacon or Sausage	3.00
Home Fries	3.00
Fish Cake	4.00
Our Baked Beans	2.00



Beverages

Organic Fair Trade Coffee	1.95
Espresso	2.50
Cappuccino or Latte	4.00
Assorted Herbal Teas	1.95
Juice or Milk	2.25
Bloody Maria, Caesar or Mary	7.00

Saturday & Sunday
Brunch Specials
til 3pm

Eggs Oscar (Lobster & Asparagus)	19.00
Eggs Benedict with Ham or Smoked Salmon	11.00
Eggs Florentine (Spinach)	11.00
(Each served with House Salad & Home Fries)	